



Educational Programs

Programs presently offered:

CPR - American Heart Association

- CPR for Family and Friends
- Adult Heartsaver
- Heartsaver AED
- Pediatric Heartsaver
- Healthcare Provider (BCLS)

First Aid

- Basic (ASHI)
- Advanced (First Responder)

Maine EMS First Responder (Licensable)

Ambulance Vehicle Operators Course (AVOC)

Hazardous Materials (HAZMAT) - Awareness Level

Mass Casualty Incident (MCI)

OSHA needs

- 10-hour safety course for General Industries*
- 30-hour safety course for General Industries*
**Both include mandatory and selective subjects based on need*
- Bloodborne Pathogens (ASHI)
- Airborne Pathogens

Advanced Medical Life Support (AMLS)

Pre-Hospital Trauma Life Support (PHTLS)

- We also offer *Specifically designed* health and safety education based on an individual company/department needs assessment.

CPR for Family and Friends

Since 1996, CPR for Family and Friends programs are offered on a monthly basis throughout the year, with the exception of July or August.

Our program for the Augusta area is offered on the third Saturday of the month at Senior Spectrum's *William S. Cohen Community Center*, Town Farm Road in Hallowell. Our Waterville area program is the second Saturday at the Lecture Hall A&B, Seton Hospital.

Both programs begin at 9 a.m. and are about three hours in length. There is no cost for these programs but pre-registration is required. CPR is one of the best things you can learn to help protect your family and fellow employees.

Delta Ambulance Education Programs

First Aid, Pediatric CPR, Automatic Defibrillator education, and CPR for the Healthcare provider are offered on an as needed basis. The cost and length of these programs vary based on the subject matter.

ASHI Basic First Aid Program

Properly applied first aid can save lives, reduce recovery time and quite possibly mean the difference between temporary disability or lifelong disability for the victim. Program participants learn to recognize the signs and symptoms of injuries and sudden illness. Crucial information about how to deal with emergencies like shock, burns, strains, strokes and seizures is shared.

This program was reviewed by and meets the guidelines of the *Occupational Safety & Health Administration* and the *Department of Transportation*. It has also been accepted for training *Day Care* and *Adult Care* staff in all States.

ASHI Bloodborne Pathogens Program

This program includes information that will help students understand what Bloodborne pathogens are and how risks of exposure can be reduced for themselves and others. Participants are introduced to precautionary practices that are recommended by organizations such as the *Occupational Safety and Health Administration* and the *Center for Disease Control and Prevention* (CDC).

Nationally Recognized ASHI Student Completion Cards

Gives immediate feedback to students and confirms learning objectives are met. Cards are included with student books.

About The American Safety & Health Institute (ASHI)

The American Safety & Health Institute is a partnering association dedicated to designing and delivering superior instructional programs with a cost and service advantage. Reaching worldwide, these programs foster a learning process that advances the well-being of organizations and individuals.

Educational Affiliations

American Heart Association
American Lung Association
American Safety & Health Institute
Kennebec Valley Emergency Medical Services Council
Kennebec Valley Technical College
Inland Hospital
Maine General Medical Center
National Association Emergency Medical Technicians
Southern Maine Technical College